

## Free Osteoporosis\*, Glucose and Blood Pressure Screenings

2009 Dates

Tuesdays, July 14 and November 10  
7 a.m. - 1 p.m.\*\*

HealthQuarters - La Porte Hospital Main Level

\* Osteoporosis screening recommended only once per year and not for those already diagnosed with osteoporosis.

\*\* Last osteoporosis screening at 12:45 p.m.

Pre-registration is not required.

For more information, call  
HealthQuarters at ext. 5487.