

2008 Community Benefit Report

We care for our community



**LaPORTE
REGIONAL
HEALTH SYSTEM**

A Clarian Health Partner

www.laportehhealth.org

La Porte Regional Health System (LRHS) provides much more than quality healthcare to all those in need across the lifespan. We care for much more than bumps and bruises, illnesses, ailments, diseases and life threatening health conditions. We are committed to focusing on prevention, education and outreach programs. We provide more than healthcare; we care for you in total.

LRHS cares for you by reaching out to the following areas:

- Prevention, including screenings, health fairs and speaking events
- Indigent care, including helping those un/underinsured
- Fitness/nutrition, including classes, coaching and nutritional instruction
- Heart and vascular health, including screenings and support groups
- Tobacco cessation, including smoke-free campus, coaching and classes

Thank you for letting us care for you over the past 100-plus years.



Jim and Laverne Pacholke (center) and stroke support group leader Judy Trumble (right)

We Care for Women

For Joanne Kaminski, taking the time to focus on her health and well-being often took a back seat compared to the happiness of her family. “As women, we seem to forget about us,” Joanne said.

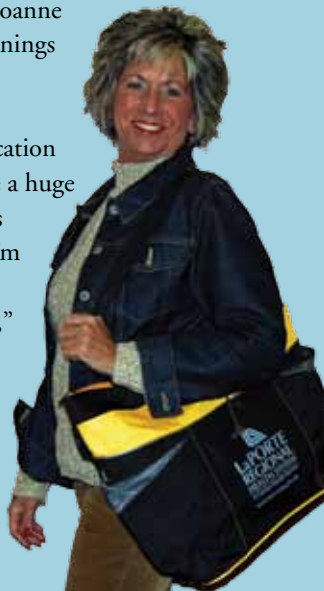
Joanne made her health her No. 1 priority at her first La Porte Hospital Women’s Fair™ in October 2006. She took part in health screenings, exhibits and presentations and took home well-being information and give-a-ways, all at no charge.

Her third Women’s Fair in 2008, however, stood out. A simple and painless heel scan for osteoporosis found Joanne had a slightly lower bone density reading than normal for her age, 50. This indicated potential bone loss. Joanne made an appointment with her family doctor a couple of months later to undergo additional testing, and now she and her doctor monitor her bone density levels before osteoporosis occurs.

Another quick screening found Joanne had extremely high blood pressure levels, which runs in her family. Further consultation with her doctor prompted Joanne to take blood pressure medication and monitor her blood pressure before dangerous complications occur.

“We all don’t want to face that we have medical problems,” Joanne admitted. “The screenings were an eye opener.”

The attention, medication and dedication made a huge difference in Joanne’s health and spirits. “I’m very grateful to have had this opportunity,” Joanne said. “I put myself first. I’m proud of me.”



Joanne Kaminski of New Buffalo, Mich.

Program Name	LRHS Funding	LPHF/AUX Funding
Commitment to Care		
Charity Care (not including Medicaid/Medicare)	\$7,961,351	
Uncollectible Accounts	\$15,956,216	
Discretionary Allowances for Financial Assistance	\$4,125,271	
Unreimbursed Care for Medicaid/Medicare	\$167,971,970	
TOTAL	\$196,014,808	
Community Health		
La Porte Hospital Community Health Center	\$508,732	\$2,138
La Porte County Dental Services	\$536,156	\$7,056
Indigent Medicine Program	\$16,180	
Women’s HeartAdvantage®	\$24,044	
Community Calendars	\$62,170	
Wellness Services	\$91,964	
Health Lectures	\$9,242	
Speaker’s Bureau	\$9,234	
Community Wellness Fairs	\$74,842	
Educational Radio Shows	\$2,557	
Weight Watchers® At Work	\$1,161	
CPR and AED Training	\$11,574	
La Porte County Fair	\$13,114	
HealthQuarters	\$91,320	\$1,900
Kids Dart. Drive Smart.	\$1,422	
Knee & Hip Seminars	\$3,695	
Epilepsy Education	\$7,923	
Lil’ F.I.S.H. Club®	\$4,098	\$26,868
HealthPORTE Senior Program	\$13,754	
Retired & Seniors Volunteer Program (RSVP)	\$845	
Tobacco Cessation	\$682	\$66,284
Hospital Tours	\$1,137	
Alcoholics Anonymous	\$2,080	
Alanon	\$1,040	
Aphasia Support Group	\$1,137	
Breast Cancer Support Group	\$168	
Cancer Support Group	\$853	
Diabetes Support Group	\$682	
Friendly Hearts Support Group	\$684	\$432
Multiple Sclerosis Self Help Group	\$297	
Ostomy Support Group	\$240	
Parents of Children with Special Needs Support Group	\$254	
Parkinson’s Support Group	\$702	
Stroke Support Group	\$941	
Child ID Kits		\$400
La Porte Hospital Family Chapel Programming		\$3,000
Diabetes Education	\$2,372	\$2,372
Postponing Sexual Involvement (PSI)		\$5,000
Sexual Assault Nurse Examiner (SANE)		\$1,648
TOTAL	\$1,497,296	\$116,983

Guiding Career Paths

After Nate Kloosterman dedicated six years as a physical therapy assistant, he longed for more. The then-29-year-old made a significant personal and professional decision.

Nate decided to go back to school full-time in 2005 to further his career and ultimately, his life. “The decision was largely a goal to fulfill my capabilities,” he said. “I realized I can now use my potential to its fullest and ultimately help all my patients.”

While pursuing a doctorate of physical therapy at Andrews University, in Mich., Nate was awarded a scholarship through La Porte Regional Health System (LRHS). The help lifted a heavy burden off of his shoulders. “I wouldn’t be where I’m at today without the help. To not have to worry allowed me to really focus on my studies,” Nate said.

A chance to put his skills to the test in the real world again came during several internships. One of those was a 10-week internship with the Rehabilitation department at La Porte Hospital. “Without La Porte Hospital’s contribution, I would not have been able to fill in the missing pieces of my career plan and my treatment philosophy,” he continued.

Upon graduation in August 2008, Nate joined the LRHS family. Now, at age 32, Nate happily works as a physical therapist at Woodland Wellness and Rehabilitation of LRHS.



“I owe a debt of gratitude to all those who made it possible for me to continue my education,” Nate said. “That’s why I go to work each day and work as hard as I can. I owe them my best.”

Nate Kloosterman, DPT, PT, of South Bend

Program Name	LRHS Funding	LPHF/AUX Funding
Community-Based Clinical Services		
Blood Pressure Screenings	\$4,264	
Breast Cancer Screenings	\$2,884	\$10,834
Cervical Cancer Screenings	\$1,812	\$594
Child Development Screenings	\$23,185	
Colorectal Cancer Screenings	\$11,479	\$1,743
Diabetes Screenings	\$2,468	
Osteoporosis Screenings	\$2,245	\$14,288
Prostate Cancer Screenings	\$2,752	\$1,609
Certified Athletic Trainer	\$107,676	
American Red Cross Blood Drives	\$2,558	
Sports Physicals	\$968	
Heart & Vascular Screenings		\$55,568
TOTAL	\$162,291	\$84,636
Healthcare Support Services		
Access Line/Crisis Line	\$621	
CareVan Transportation Services	\$50,000	
Lions Alert Bracelets	\$11,496	
Nurse Connection Hot Line	\$54,316	
Physician Connection	\$6,860	
State Health Insurance Assistance Program (SHIP)	\$507	
Services for Indigent		\$55,112
TOTAL	\$123,800	\$55,112
Commitment to Education		
Medical Education	\$25,080	
Clinical Education	\$20,971	
Nurse Practitioner Students	\$11,345	
Nursing Students	\$64,200	\$6,155
Student Internships	\$79,094	
VolunTeen Student Intern Program	\$39,052	
VNA Hospice Training	\$426	
Cyacom Translation Services	\$6,013	
National Youth Leadership Forum	\$2,264	
Scholarships	\$12,750	\$19,500
TOTAL	\$261,195	\$25,655
Subsidized Health Services		
Behavioral Health Services	\$1,631,541	
Continuing Care Center	\$1,663,812	
TOTAL	\$3,295,353	
Research		
Community Clinical Oncology Program	\$49,300	
TOTAL	\$49,300	

2008 Community Benefit Summary

Program Name	LRHS Funding	LPHF/AUX Funding
Financial and In-Kind Contributions		
Corporate Giving	\$53,029	\$2,415
Nursing 2000	\$25,517	
Mental Health Services	\$9,450	
Meals on Wheels	\$75,199	\$1,000
TOTAL	\$163,195	\$3,415
Community Building Activities		
Bioterrorism	\$21,339	
Leadership La Porte County	\$4,763	
Community Committees & Boards	\$81,571	
Transitional Training	\$10,030	
Dedicated Staff	\$47,833	
TOTAL	\$165,536	

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Healthcare Support Services	\$123,800	\$55,112
Commitment to Education	\$261,195	\$25,655
Subsidized Health Services	\$3,295,353	
Research	\$49,300	
Financial and In-Kind Contributions	\$163,195	\$3,415
Community Building Activities	\$165,536	
TOTAL	\$201,732,774	\$285,801

For a complete listing of La Porte Hospital Foundation-supported initiatives, please review the Foundation's annual report online at www.laportehealth.org.

Support when you need it most

When Laverne Pacholke suffered a stroke in 2004, she and her husband Jim struggled with the uncertainty that a sudden health crisis often leaves behind. The stroke left Laverne temporarily paralyzed on her right side and unable to walk, speak or write.

Laverne eventually regained her voice and mobility after months of therapy, yet the couple yearned for more local support. Soon, the couple became avid attendees of both the Stroke Support Group and the Aphasia Support Group at La Porte Hospital. Aphasia is an acquired disorder most commonly caused by a stroke that impairs a person's ability to communicate. Years back, the couple also sought help through the WeCAN Cancer Support Group, as they are both cancer survivors.

The lifelong Michigan City residents enjoyed the group settings provided to them free of charge. These groups encouraged them to share their feelings and experiences with others who understood what they were going through, participate in helpful rehabilitative activities and learn from professional speakers.

"I feel so good knowing that there are people like me," Laverne said. "You need to hear from people like you that tell stories just like yours. You have no idea how much you get out of it."

Jim added, "You feel like you are on a high when you leave those meetings. Boy, is that a blessing."

For Jim, Laverne's primary caregiver, the relief he feels by seeing his wife's progress brings a smile to his face. "She's come a long way," Jim said, with a patient, loving glance at his wife of 60 years.

"I don't know what I'd do without him," Laverne said, touching Jim's knee tenderly.

Laverne, back to being an outgoing 80-year-old, is a member of the Red Hat Society and attends a breakfast/lunch group with a large group of friends she graduated with 62 years ago. The couple also are avid square and line dancers.

The happy couple has three children, seven grandchildren and eight great-grandchildren.



Jim and Laverne Pacholke

For more information about any of the services/programs mentioned in this report, call (219) 326-2476 or visit www.laportehealth.org.